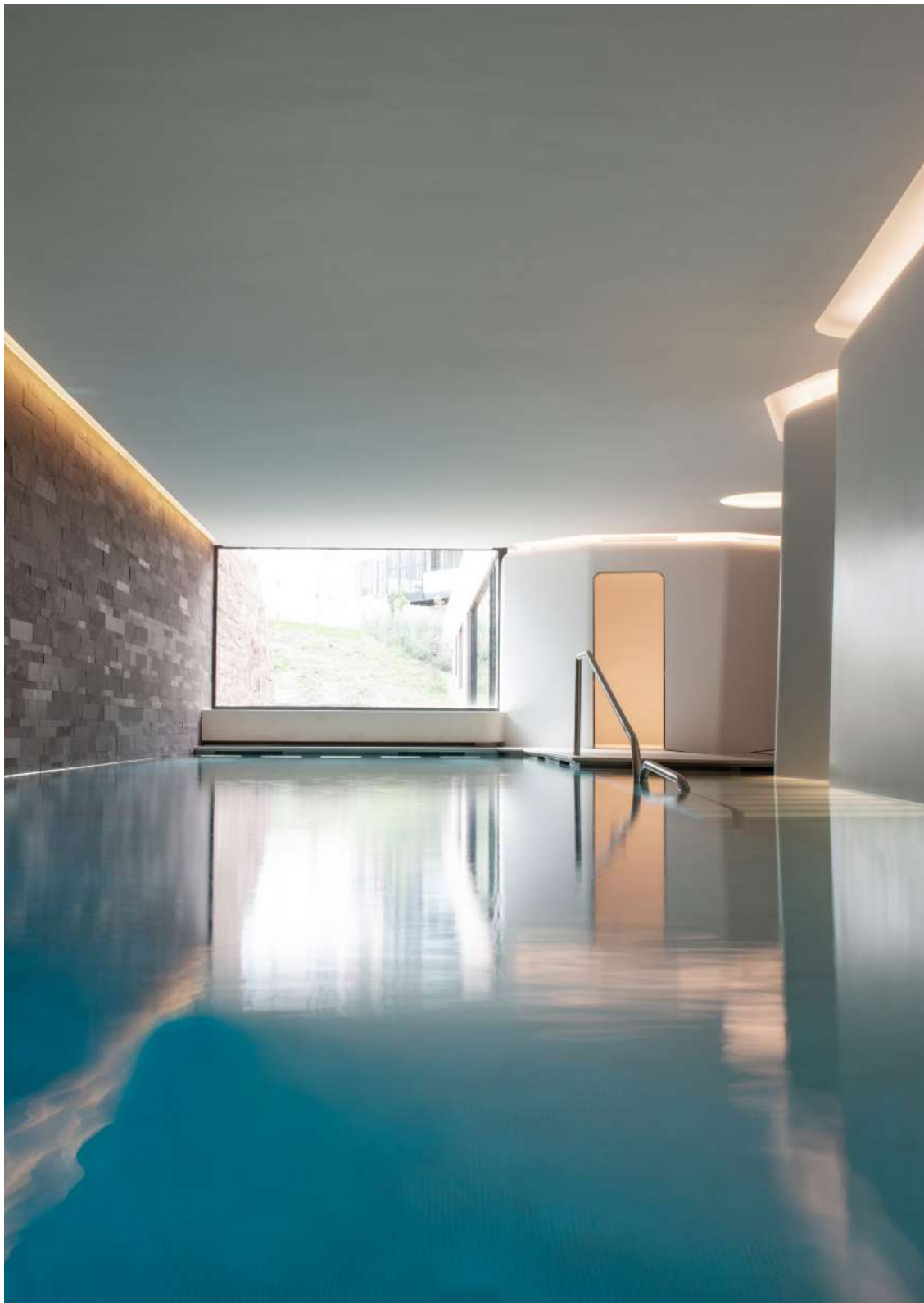


Your beauty is a science,  
and Codage is its formula.

SPA BY  
**CODAGE**

SPA BY CODAGE Hôtel Les Haras\*\*\*\*  
23 rue des Glacières - 67000 Strasbourg  
Tél. : +33 (0)3 90 20 50 15  
spa@les-haras-hotel.com

**H**  
LES HARAS  
HÔTEL  
\*\*\*\*



## **LIFE AT THE SPA BY CODAGE**

### **EVENT:**

Please arrive 15 minutes before your appointment so you can fully enjoy your experience.

If you are late, your treatment may be shortened.

### **CANCELLATION:**

All cancellations must be made at least 24 hours in advance.

### **HEALTH STATUS:**

You will be asked to complete a wellness questionnaire.

Please disclose any health conditions or pregnancy so that we can tailor your treatment accordingly.

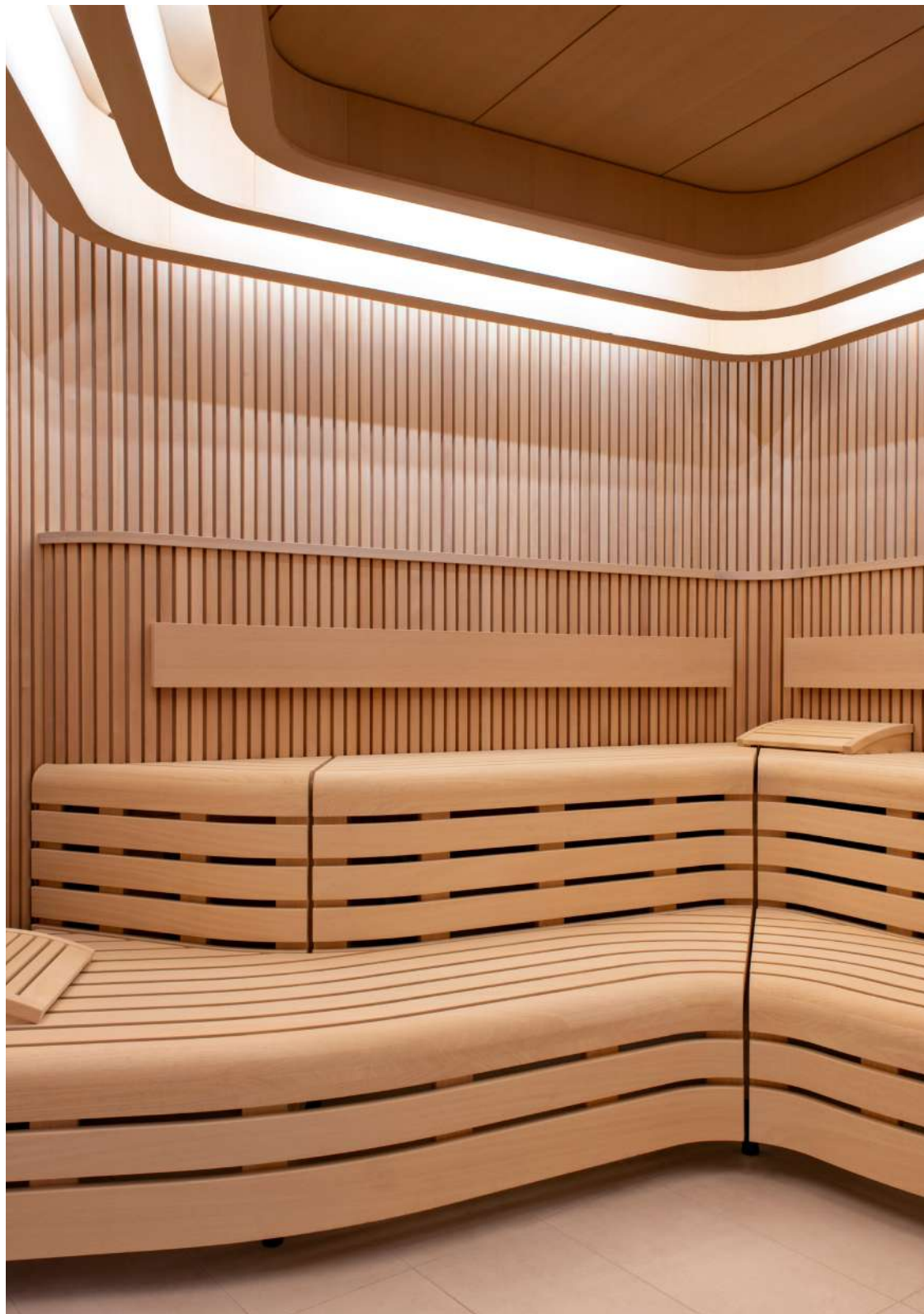
Massages and body treatments are available only to individuals 16 years of age or older.

### **SPA RULES:**

Our treatments are designed to promote well-being and are neither medical nor erotic in nature.

Swimwear must be worn at all times.

We recommend that you keep your personal belongings secure; the spa assumes no liability for loss or theft.



## LES HARAS HÔTEL & SPA BY CODAGE

Nestled in the heart of Les Haras, Spa By Codage emerges as a sanctuary where materials, light, and silence come together to create an enveloping atmosphere. White Corian blends with wood, clean lines complement the bright colors, and every detail invites the body to relax, breathe, and let go.

The wellness journey begins with the soothing warmth of the heated pool, continues into the deep heat of the sauna, and ends in the fragrant steam of the hammam.

Between moments of relaxation, the relaxation room offers a moment of respite, like a breath between two dreams.

In this serene setting, the art of personalized care truly comes into its own.

Two private treatment rooms and one double treatment room complete this sanctuary, allowing you to enjoy the experience alone or with a partner, in a cocoon designed to fully reveal the benefits of the treatment.



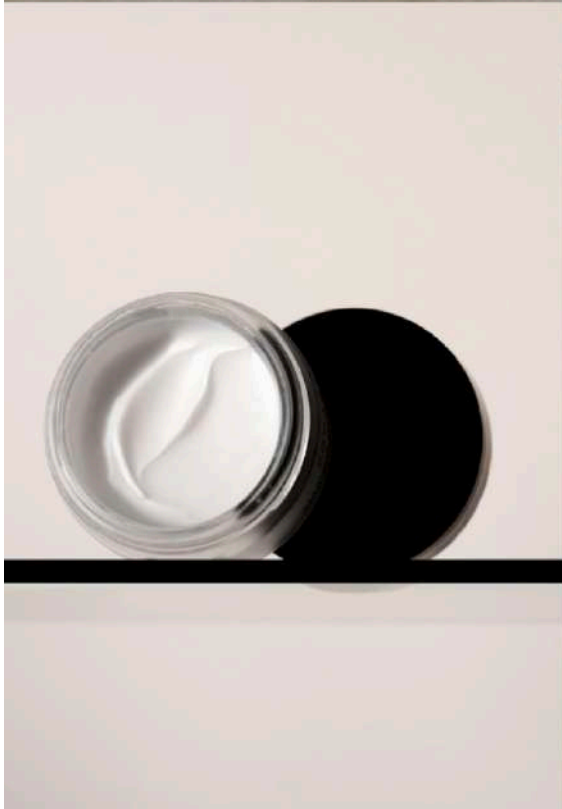
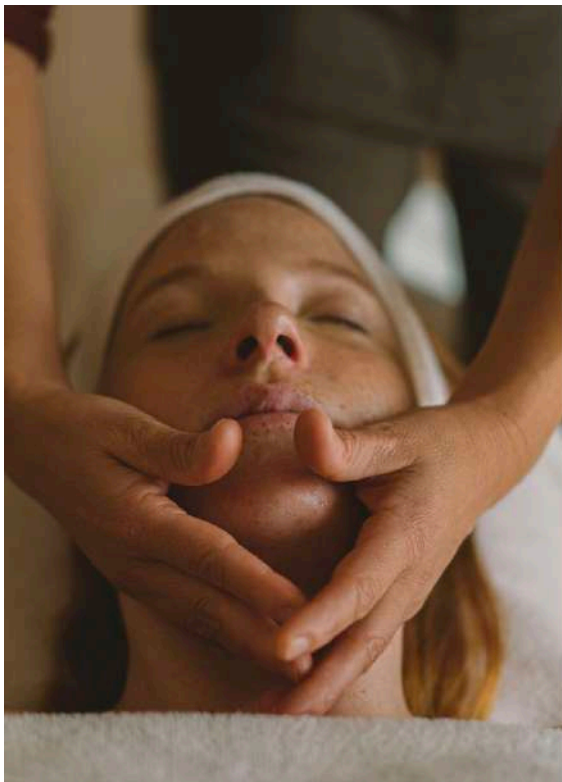
## SPA BY CODAGE

### HOTEL GUESTS:

- The Spa By Codage is open from 7:30 AM to 8:30 PM.
- Access is by reservation only, which can be made through the spa therapists or the hotel front desk.
- You are entitled to one hour of access per night per person during your stay.
- The spa is open to children from 8:30 AM to 9:30 AM.

### EXTERNAL GUESTS:

- Spa access is included with any treatment lasting at least one hour. For 30-minute treatments, spa access is available for an additional €30 per person.
- Spa By Codage is open daily.
- Monday through Thursday and Sunday : 10 a.m.–7 p.m.  
Friday and Saturday : 10 a.m.–8 p.m.



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## SIGNATURE TREATMENT

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### AU RYTHME DES HARAS

150€ | 60 min

Inspired by the spirit of the stud farms and the energy of the horse, this signature massage invites you to enjoy a unique sensory experience.

The treatment alternates between different intensities: deep, powerful strokes that evoke the force of a gallop, followed by slower, enveloping movements that promote total relaxation of the body.

The use of bamboo accents the massage, adding depth and fluidity to the movements. Tension is gradually released, giving way to a sense of lightness and harmony.

To prolong this moment of well-being, the ritual concludes with a selection of local juices paired with a sweet treat, to be savored in complete tranquility at the end of the treatment.



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## GETAWAYS FOR TWO AND MORE

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### A GETAWAY FOR TWO

390€

60 min spa access

90 min DUO treatment in the treatment room:

2 body scrubs 30 min

2 massages 30 min

2 seasonal facials 30 min

### GETAWAY WITH FRIENDS : 3 TO 6 PEOPLE

95€ per person

120 min spa access

30 min facial or body treatment per person



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## BODY

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### **COUTURE MASSAGE**

30 | 60 | 90 min

A tailor-made massage, fully customized to your needs and preferences, for a unique relaxation experience tailored to your body and current state of well-being.

### **PRENATAL MASSAGE**

60 min

Prenatal massage featuring gentle, enveloping techniques.

### **EXFOLIATING MASSAGE**

60 min

A relaxing massage using a unique blend of oils and exfoliants.

### **BODY SCRUB**

30 min

A body scrub combined with personalized techniques to restore perfectly soft and rejuvenated skin.



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## THE MAGISTRALE FACIAL TREATMENT

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**MAGISTRALE FACIAL TREATMENT  
BY CHANTAL LEHMANN**

250€ | 90 min

Designed as a facial fitness session, this holistic anti-aging treatment infuses the incredible power of PGF-5™ deep into the skin cells, combined with the Magistrale line.

This deep facial massage stimulates skin regeneration through muscle massage and manual lifting techniques, drawing on the unique expertise of facialist Chantal Lehmann.

By reducing wrinkles and lifting the face, this comprehensive 90-minute treatment reveals the skin's youthful radiance, with long-lasting results that become more apparent with each session.

### **What is the PGF-5™ Complex?**

Developed through CODAGE research, the innovative PGF-5™ complex consists of 5 anti-aging peptides and 5 growth factors. They stimulate regeneration, repair, and the production of collagen and elastin in the skin to address the five signs of aging: wrinkles, fine lines, sagging skin, dull and uneven complexion, pigmentation spots, and changes in skin texture.



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## TREATMENT PRICES

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Our treatments are available à la carte.

Whether you're looking for a facial, a body treatment, or a combination of both, simply choose the duration you prefer, and our experts will work with you to create a perfectly personalized treatment tailored to your desires and needs.

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Duration of treatment	À la carte
30 min	70 €
60 min	130 €
90 min	195 €
120 min	260 €
150 min	325 €
Spa access	30 €

**5-HOUR PASS** - €550 instead of €630

**10-HOUR PASS** - €975 instead of €1,300

*Subscription valid for 1 year*

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## FACE

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### **COUTURE**

60 | 90 min

A comprehensive, personalized facial treatment, tailored to your individual needs using a blend of serums and manual massage techniques.

### **PRO AGE**

60 min

An ultra-regenerating treatment to stimulate cell renewal and address all signs of aging.

### **ADVANCED PEELING**

60 min

Professional exfoliation treatment to renew the skin, even out the complexion, and address skin imperfections.

### **EYE LIFT & GLOW**

30 min

A comprehensive eye treatment featuring serum, eye patches, manual massage, and special eye care spoons.

### **MOISTURIZING & RELAXING BOOST**

30 min

A quick, hydrating, and soothing facial treatment.